

## Self-Directed Brokerage Accounts: A Strategic Option for Retirement Planning

As an educator of Family Medicine, you're no stranger to the importance of strategic planning and forward thinking. When it comes to your retirement savings, applying these same principles that drive your professional success can help you take greater control over your future. That's where a self-directed-brokerage account (SDBA) or brokerage sleeves in 401(k) plans could come into play.

Unlike traditional retirement accounts such as 401(k)s or IRAs, SDBAs give investors more control over their investments. With an SDBA you can choose from a wide array of investment options, including stocks, bonds, mutual funds, exchange-traded funds, and other asset classes. This flexibility allows you to tailor your portfolio to match your financial goals and risk tolerance. While many U.S. employers offer brokerage sleeves in their 401(k) accounts and despite their potential, few people take advantage of them.

Here are three reasons to consider working with a financial professional to unlock the full potential of an SDBA.

1. **Obtain personalized advice:** With a SDBA, a financial professional can tailor investment strategies to your individual financial situation, providing timely guidance aligned with your long-term goals. This holistic approach includes understanding your insurance policies, education planning, and retirement roadmap. Further if you currently work with a financial professional, he or she likely has a deep understanding of your financial situation and goals, and as a result can provide guidance that's tailored to your current and future needs.
2. **Build a resilient retirement portfolio:** As retirement approaches, managing your wealth becomes more critical. It's not just about reaching your retirement date but ensuring your financial security throughout your golden years. Increased longevity only raises the stakes and as a result your retirement plan should account for the possibility of a long life. To that end, you will need enough funds in your retirement account to account for a long life. SDBAs give you the opportunity to move your investments into a customized portfolio with an amount of equity exposure that could help you position your investments to continue growing over a longer time horizon.
3. **Maximize growth potential:** It's no secret that emotions can drive investment decisions, often to our detriment. Financial professionals can help you avoid emotionally driven decisions, which are common during periods of high volatility. In general, financial professionals have the knowledge and experience to help you allocate your portfolio strategically. Gains in SDBAs are taxed similarly to standard retirement accounts, potentially increasing your nest egg. However, it's important to note SDBAs may have limits on the amount of money that may be invested through a brokerage sleeve, so consulting with your employer or plan provider is crucial.

Although SDBAs may have investment caps, their benefits, particularly with professional guidance, can enhance your retirement security and fulfillment. It's time to take the reins of your financial future to ensure that your retirement years are as well planned as your career in teaching medicine.

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